You have had a Joint Arthrogram on

____ / ______ / ______  
DD  MMM  YYYY

You have had an injection of contrast (dye) into your joint, followed by imaging; either MRI or CT scan. The images obtained will provide detailed information about the joint and its structure. This procedure may help diagnose persistent, unexplained joint pain or discomfort. There are a few important points to keep in mind which are explained in this pamphlet.

**General Information**

**Activity**

The joint may feel odd after the injection, but this should subside as the body reabsorbs the injected dye over the next 24 hours.

**Dressing Care**

The Band aid can be taken off once you arrive at home. Keep the injection site clean and dry.

**Allergic Reaction**

A small amount of iodinated contrast (dye) was injected. There is a small risk of allergic reaction to it. If you develop itching, skin patches (hives), facial swelling or shortness of breath you need to seek medical attention.

**Post Complications**

Despite precautions taken, this procedure has a small risk of introducing infection. If your joint starts to become more sore than usual and you notice redness and/or swelling in the area, you need to seek urgent medical attention. Contract your primary physician or go to the emergency department. Joint infection is a serious condition that needs to be treated promptly.

**Follow up Q & A**

When you should see your physician for follow up appointment?

Make an appointment to see your referring doctor 2 weeks after the procedure to discuss the results.